



SHARK TALES



June 3, 2008

www.cwsharks.com

Cypresswood Sharks Swim Team Mission Statement

The mission of the Cypresswood Shark swim team is to promote community, sportsmanship, and a fun, safe atmosphere for swimmers and their families and friends.

GO TO WWW.CWSHARKS.COM for information first!

Cypresswood 358.5 Waves 287.5
Way to swim, Sharks!

From the Board

GREAT JOB PROTECTING THE SHARK TANK BY OUR CYPRESSWOOD SHARKS!

The Woodlands Waves are great competitors and very good sports. They were also complimentary of the way we ran a meet and conducted ourselves this weekend. It's great to hear good things from the other team about the way our children and families conduct themselves.

This weekend, we will have our toughest meet of the year as we tackle the **defending Division Champion and undefeated Woodlands Marlins**. We'll be traveling to their place, so let's all show up and be prepared to take a bite out of the Marlins. We can win this meet if everyone shows up and stays to the end! Please be there, be on time, and swim your hearts out.

Please be ready to warm up at 7:45 a.m. and circle in by 7:30 a.m. or you will be scratched from the first relay.

Please remember that the SUMMER SWIM SCHEDULE starts Monday, June 9th!

From the Coach

Congratulations Sharks, on win #2! Many of you swam events you haven't swam before or events you don't like. Thank you for doing such an awesome job in those events!

Starting on Monday, June 9th, we switch to morning practices. By Tuesday, everyone will have a practice group assigned to him/her. These practice groups are not based on age, but ability. It is beneficial for swimmers to practice with those on the same level as they are. It is also easier for the coaches to run practices.

NEW PRACTICE TIMES BEGINNING 6/9/08

<u>GROUP</u>	<u>TIME</u>
Group "Tigers"	8-9:15 a.m.
Group "White"	9-10:15
Group "Blue"	10-11
Group "Red"	11-12 p.m.
Group "Sharks"	12-12:45

On Sunday and Monday, June 8 & 9, we will be competing in the Summer Thunder Meet at Klein Collins. See the website, www.packswimming.com, or the coaches for the warm-up times.

Sign-in this Saturday begins at 7:15 and all swimmers must be signed in by 7:30. Our warmup starts at 7:45. Congratulations to all Shark seniors!

Go Sharks Go!!!



Meet Attendance Policy—Reprise

Our meet attendance policy continues in effect unchanged. A few things you need to know.

1. If you do not attend at least two Cypresswood meets (one of our five meets during the season) you cannot swim at Divisionals. This is an NWAL Rule, not our rule.
2. If you miss a meet and do not let Ms. Buzonas know (either by filling out the “no swim” form or, if you don’t know you’ll be absent in advance, calling and letting someone who is in attendance know by phone) you will not be eligible for relays at the following meet. If it happens again, you will not be entered in the next meet.
3. If you leave early and do not tell a coach you will be leaving, you will not be eligible for relays in the following meet. If it happens again, you will not be entered in the next meet.

Here’s the schedule of upcoming events

- June 5, 2008- ***NO SWIM PRACTICE AND NO TEAM NIGHT***
- June 7, 2008—Away meet at Woodlands Marlins, 7:15 a.m.
- June 10, 2008—Swim-A-Thon (during practice)
- June 12, 2008—Team night, East Pool (6 to 9 p.m.)
- June 13, 2008 (FRIDAY)—Picture and movie day, 8 a.m. sharp!
- June 14, 2008—Home Meet, East Pool, v. Imperial Oaks 7 a.m.
- June 14, 2008 -Extreme bowling, (13&up age groups only) 11 p.m.-2 a.m.
- June 19, 2008 - Parade, pep rally and team night

PLEASE NOTE the underlined dates above are date changes!! There will be no activities on Sat. June 7th, due to Klein Collins graduation!!

No Swim Form

If you cannot be here for a meet, be sure and fill out the “no swim” form on the website, www.cwsharks.com, or the “no swim” book at the pavilion.

Coaches’ Notebook Returns

We have a coaches’ notebook at the pool. This is the place to write your questions, make comments, give compliments and voice criticisms. All we ask is that you be civil! Give your name, phone number or email, and your specific comment. A coach will respond to you. If you have something good, bad, or indifferent to say, it is welcome.

NO Swim Practice and NO Team Night, Thursday, June 5th

All swimmers please note that there will not be any regular swim practice on the last day of school. Haude Elementary 5th grade is having their appreciation party.

You may however, swim at the WEST pool with a validated pool pass as that pool will be open from 4-7 p.m.

Also, no team night will be held. Team night will resume the following Thursday, June 12th.

AWAY MEET—
CYPRESSWOOD AT
MARLINS

This weekend our rivals, the Woodlands Marlins, host us at their facility, the Woodlands Athletic Center, located at 11111 Woodberry Place, The Woodlands, Texas, 77380. The local businesses allow parking in the Kroger Parking lot, but please be considerate and park only in designated areas. Do not park in front of the businesses.

Let's also be considerate and respectful in the Marlins' facility, clean up after ourselves, and show the Marlins that we are good sports.



Contacts

Here is a list of board members:

Russell Wells –

president@cwsharks.com

Mike Swaim –

pastpres@cwsharks.com

George Ebelt –

volunteers@cwsharks.com

Angela Thompson –

activities@cwsharks.com

Wendy Dozier –

teamrep@cwsharks.com

Barbara Buzonas –

clerk@cwsharks.com

Judy Carroll –

concessions@cwsharks.com

Jim Nusser

Micki Wells

**Driving Directions to
Woodlands Athletic Center
(WAC)**

Located at 11111 Winterberry Place,
The Woodlands, TX 77380

**Sharks vs. Woodlands Waves
Saturday, June 7**

From Louetta and I-45 North:

Total drive time is 15-20 minutes. Easy to find.

Travel north on I-45 approximately 3 miles to Rayford/Sawdust Rd. Exit Sawdust and go under freeway to left/west.

Drive approximately .7 miles to Grogans Mill. (If you just follow the "curve" you will automatically end up on it.)

Drive 1.1 miles on Grogans Mill to the light at S. Millbend Dr. Take a left. (It is the 2nd or 3rd light.)

Drive .2 miles on S. Millbend Dr. to Winterberry Place. Take a right.

At the Stop sign, the WAC is on your left. There is a circle drive to drop off.

Last year there was parking at Kroger.

Set up last year was alongside the outdoor 50 meter pool on the deck. We are swimming in the indoor pool.

SWIM-A-CROSS REMINDER

Swim-A-Cross is Tuesday June 10th, during your normal practice time. There are still a few pledge packets at the pool that have not been picked up. They are in a brown envelope and have the swimmer/swimmers name on it. If there are any parents that want to help out in counting laps during the Swim-A-Cross, please let me (Jim Nusser) know. Thank you again in advance for your participation.

THANK YOU
THANK YOU!!
Goes out to all of
the 9-10 parents
and volunteers
that helped with
team night on
May 29th!!

SHARK STORE

You can still order swim team caps, car decals, yard signs, back packs, duffel bags, visors or caps through Angela Thompson. Contact either by email activities@cwsharks.com or order at Team Nights. Order forms will be available at the pool or on our web site. You can pay either by cash or check payable to Cypresswood Swim Team. We will also have Embroidered Team Polo Shirts for Men or Women this year! This will be available soon to purchase!

PICTURE DAY & MOVIE DAY FRIDAY JUNE 13TH

Picture Day will be on Friday June 13th at 8:00 AM. Team Photos will be taken at 8:00 AM SHARP! BE ON TIME!!! We will take as many individual photos before our team photo and finish them afterwards. Our goal is to make it to AMC Theaters (formerly Lowe's Theater on Holzwarth) by 9:00 am. **THIS YEAR OUR MOVIE STARTS AT 9:30 AM!!!!** We are going to see **KUNG FU PANDA!** Tickets will be \$10.00 EACH (This price **includes** your movie, small drink and popcorn). Swimmers and all family members are welcome to attend. **DEADLINE TO REGISTER IS THURSDAY, JUNE 11TH with Angela Thompson.** If you can help with carpool, please let Angela know.

EXTREME BOWLING FOR 13 & UP AGE GROUPS SATURDAY JUNE 14TH

Our annual Extreme Bowling for 13 & UP is on Saturday June 14th from 11:00 PM - 2:00 AM at the AMC Woodlands Bowling Center. The cost is \$18.50 per child (This price **includes** unlimited bowling and shoe rental - but **does not include** food or drinks). This is a fun event for our older swimmers and parent chaperones are needed! Please contact Angela Thompson at (281) 353-0246 or thompsonangela@juno.com if you are interested in being a chaperone. Space will be limited depending on how many chaperones are available. **DEADLINE TO REGISTER IS THURSDAY, JUNE 11th.**

PENTATHLON

Pentathlon is coming up June 15, 2008. In the pentathlon meet, the swimmers swim all four strokes, plus the individual medley. Awards are presented by age group, including 6 and unders, 7 year olds, 8 year olds and so on. This is always a fun meet that many of our kids have participated in for years. You must have official times to participate, so please be sure and ask the coaches to put you in an event if you need a time and want to participate!

There are qualifying and cut off times. Check with a coach or Ms. Busonas if you aren't sure if you qualify. You may also go to www.nwal.org, click on invitationals and read the 'pre-meet' document to find the time standards.

It's held at Klein Forest High School and our entries are due on Sunday, June 8, 2008. If you wish to participate, please let Coach Jim, Ms. Buzonas, Mr. Swaim or another board member know.

Pentathlon is a great opportunity to get a time improvement, possibly qualify for an invitational, and participate in an INDOOR summer swim meet!

